## shaw trust



## **Anna-Ruth Cockerham**



Anna-Ruth is a 21-year-old student studying at St. Andrews University.



She has a neurological disorder - this is a health condition that affects her brain.



At university she has helped other disabled students by:

setting up an online support group



 campaigning for ways the University can help disabled students.



Anna-Ruth was elected Disability Officer for St Andrews Students' Association.



## She has also:

 created the Accessibility Pledge this is a guide to running accessible events



run St Andrews' first Disability
Pride Week



 set up the Schools' Wellbeing Advisory Group.



## Twitter:

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