

shaw trust



Ed Jackson



Ed Jackson had an accident that meant he could not move around like he used to.



Ed did not want this to get in the way of his life.



Despite his disability, Ed has:

climbed challenging mountains



• worked for lots of charities



become a television presenter



created his own charity called Millimetres 2 Mountains. Millimetres 2 Mountains uses the outdoors to help disabled people.



Website: www.edjackson8.com



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