

The

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Disability Power 100



Anoushé Husain



Anoushé was born without her right arm below the elbow.

She has spent her life never letting other people or her challenges stop her from doing what she wanted.



Anoushé shares what living with a disability is like to encourage other disabled people to live their life the way they would like.



Anoushé thinks it is very important to teach non-disabled people what challenges disabled people face.



Anoushé works as a civil servant and is a paraclimber in her personal life.



She has also supported many charities and has won awards for her work.



Website:

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