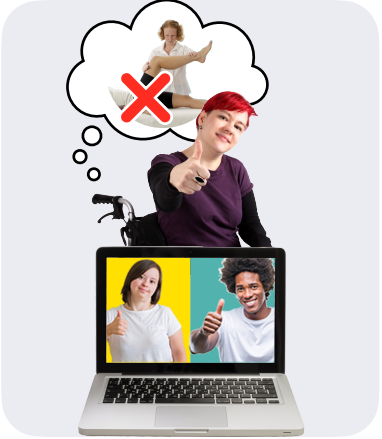




Carmela Chillery-Watson



Carmela is the first Young Achiever to have been chosen in the Disability Power 100. She says it feels amazing and exciting.



Carmela wanted to help other people like herself who had to miss their physio appointments because of COVID-19.

So she did blogs and videos every day to encourage people to stay active.



Carmela loves Wonder Woman and set up the Wonder Woman Relay to raise money for Muscular Dystrophy UK.

The Wonder Woman Relay is a challenge where people will either walk, run, cycle, swim and or push to cover a distance of 1500 miles.



Carmela got a message of support from movie star Gal Gadot who plays Wonder Woman in the film.



She also met Lilly Aspell, the young girl who plays young Wonder Woman and they went horse riding together.



Carmela's proudest moment so far is winning the Who Cares Wins, Young Hero Award.

